

COSTA RICA

Adventures

Eco-Recreation Management, LLC
352.789.4959 Ryan@discoverykayaktours.com



Day 1

Our adventure begins with a 3 hour flight from Orlando, FL to San Jose, CR. Once we arrive in Costa Rica, we will travel through the countryside by private bus and chauffer. We will make our way to lunch and our first Hotel on the slopes of the Poas Volcano.

Day 2

Today we will be visiting the LaPaz Waterfall Gardens. This is a private preserve and rehabilitation wildlife park. We will get to see many exhibits and hike to see some of Costa Rica's most famous falls.

Day 3

Did you say Coffee? In the morning will get to participate in the best coffee tour experience. We will learn why and how Costa Rica grows the world best gourmet coffee. After lunch we will travel through San Jose and the countyside to the beautiful mountain town of Turrialba. Here will will find our next Hotel.

Day 4

Let's get wet! Today we will be rafting the Pacuare River, one of the best in the world. You can enjoy the rainforest, rapids and waterfalls along the way. We will eat lunch at the famous POC Lodge before our ride back to the top. We will spend the evening in the welcoming town of Sitio de Mata, where we will participate in a fiesta and dinner.

A FEW HELPFUL SPANISH PHRASES

Donde Esta? = Where is ___?

Cuanto Cuesta? = How much does it cost?

Yo quiero = I want _____

Yo no quiero = I don't want _____

Un Cafe = Coffee

Cerveza = Beer

Agua = Water

Donde Esta el bano? = Where is the bathroom?

Hola = Hello Gracias = Thank you

Adios Amigo = Good bye my friend

Buenos Dias = Good morning

Como Estas = How are you

Muy Bien = Very Good

Vamos = Let's go

Here We Come!

Day 5

Did you know that Chocolate is a super food? Today we will get to meet the "Nortico" family and visit their Cacao farm. They will share their world-renown knowledge and passion in this hands on experience. After lunch, we will drive to our next destination, La Fortuna, home of the famous Arenal Volcano.

Day 6

Let's get the Adrenaline pumping! Today we will experience Costa Rica's best Zipline Adventure. Don't let the heights and speed scare you because the views are to die for! In the late afternoon, we will visit an educational organic farm. The dinner will be a true farm-to-table wonder.

Day 7

Let's go see the jungle. We will visit a private preserve that allows us to immerse into the rainforest. Our trail will take us 2 miles and over 6 hanging bridges so hang on tight! Keep an eye out for monkeys, and other wildlife too. The afternoon can be spent relaxing by the hot springs pools or take an optional trip to hike and swim at the Famous La Fortuna Waterfall.

Day 8

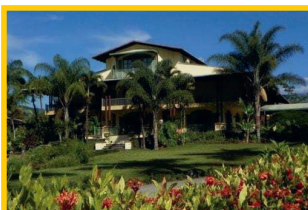
Departure day. We will get an early start as we head back to the airport for our flight home.

HOTELS and RESORTS



Buena Vista

A boutique style hotel with a view of the Central Valley.



Casa Turire

A "Distinctive Hotel" property located in Turrialba.



Los Lagos

A beautiful resort property located in La Fortuna.

About Costa Rica



- Located in Central America
- Peaceful and Friendly People
- Language: Spanish
- Government: Democracy
- Main Religion: Catholic
- Amazing Wildlife: Sloths, Toucans
- Protected Rainforests
- 5 Active Volcanos
- World Class Whitewater Rivers
- Pacific and Carribean Coasts
- Products: Coffee, Bananas, Pineapple

PURA VIDA

