# **Costa Rica Eco-Adventure Tour**

May 1st - 8th, 2023 Eco-Recreation Management, LLC Ryan Toler - 352-789-4959 ryan@discoverykayaktours.com

**Itinerary includes**: Round trip air, 7 nights hotel, all listed tours and activities, transportation, all meals listed **Price per person: \$3500** (double occ.)

#### Day 1: Arrive & Travel to La Fortuna CR

Today you will be met outside the airport by our bus and wonderful guide before we start driving to the Arenal Volcano Area. We are going to spend the next three nights in this tropical oasis. (Meals: L, D)



#### Day 2: Rainforest & Organic Farm Experience

Today we will take a 2 mile walk at the Mystico Hanging Bridges Park, where you will have the chance to enjoy nature from a different perspective, in and above the canopy. In the late afternoon we will visit the Don Juan Teaching Farm. Here we will have a lesson on sustainability and organic agriculture and you might even be put to work. This will be a true farm to table experience. (Meals: B, L, D)



## Day 3: Zipline/Canopy Tour and Hot Springs

This is an exhilarating adventure. We will spend the morning zipping through the trees with great views of the Volcano. Don't worry, we will spend the evening relaxing and playing in the Volcanic Hot Springs. (Meals: B,L,D)



#### Day 4: Travel to Tortuguero

After breakfast we will start our drive toward the remote North Caribbean Coast. Here we will transfer to a boat and continue into the Tortuguero canals. Plan for a jungle immersion for the next 2 nights as we stay in a beautiful jungle lodge. (Meals: B,L,D)



# Day 5: Visit Tortuguero National Park

In the morning we are going to have a boat ride through the Tortuguero Canals and the National Park to spot wildlife. In the afternoon we can relax in the pool and visit the small town of Tortuguero. (Meals: B,L,D)



# Day 6: Cacao Experience & Travel to Turrialba

After the jungle experience, it is time to continue to our next destination, the home of the Turrialba Volcano. On the way we are going to visit the Family of Nortico, they are opening their Cacao Farm to the public to share their world renown knowledge and passion for craft chocolate. In Turrialba, we are going to spend the last two nights at one of Costa Rica's famous botique hotels. (Meals: B.L,D)



## Day 7: Whitewater Rafting

We will raft the Pacuare River, one of the best in the world. You will enjoy the beauty, rapids and waterfalls along the way. We will take out at the Famous POC Jungle Lodge and have a great meal waiting for us. (Meals: B,L,D)



Day 8: Drive to the Airport and Fly Home! (Meals: B)